A person with curly hair is sitting in a chair, writing in a notebook. The image is in a dark, monochromatic blue tone. The person is wearing a light-colored blazer over a dark top. The background is dark and out of focus.

# How Noncognitive Learning Can Set the Stage for Transformational Coaching in Higher Education

**WGU Academy**

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& Mariah Johnston, MS, NBC-HWC

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# The Learning Process



## COGNITIVE

Involves knowledge and awareness, and the development of intellectual skills.



## NONCOGNITIVE

Involves the knowledge and awareness, and development of skills, motivations, values, and attitudes.



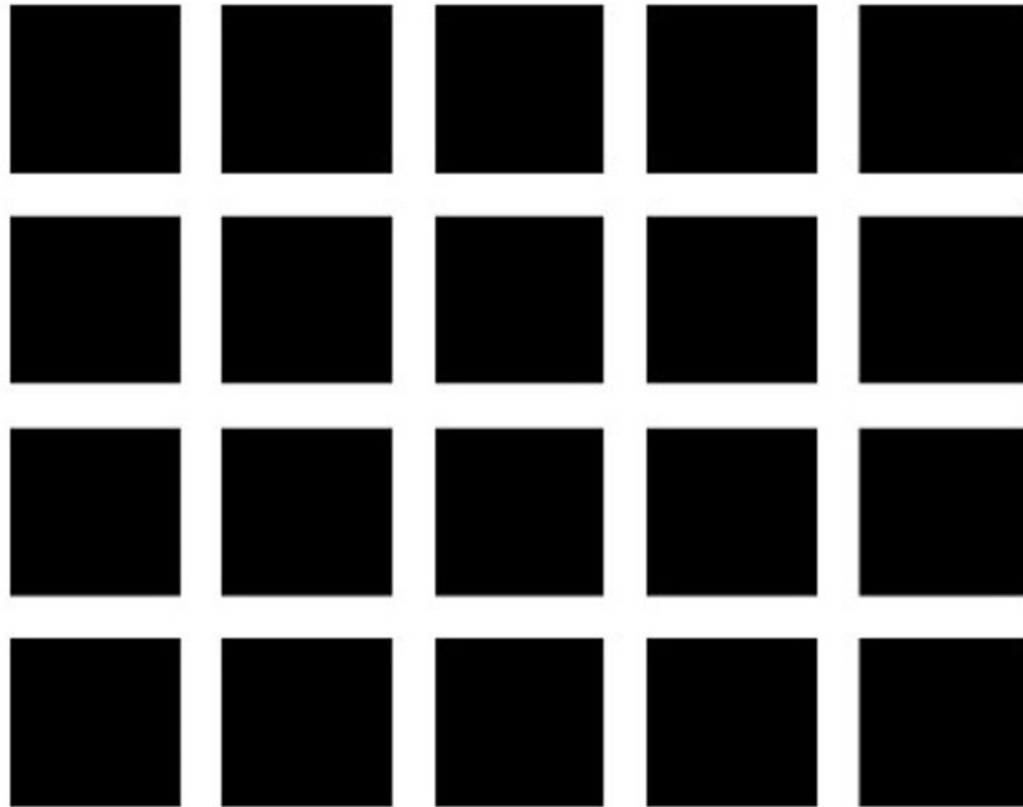
## METACOGNITIVE

Involves the knowledge and regulation of one's own thinking.



+ Coaching

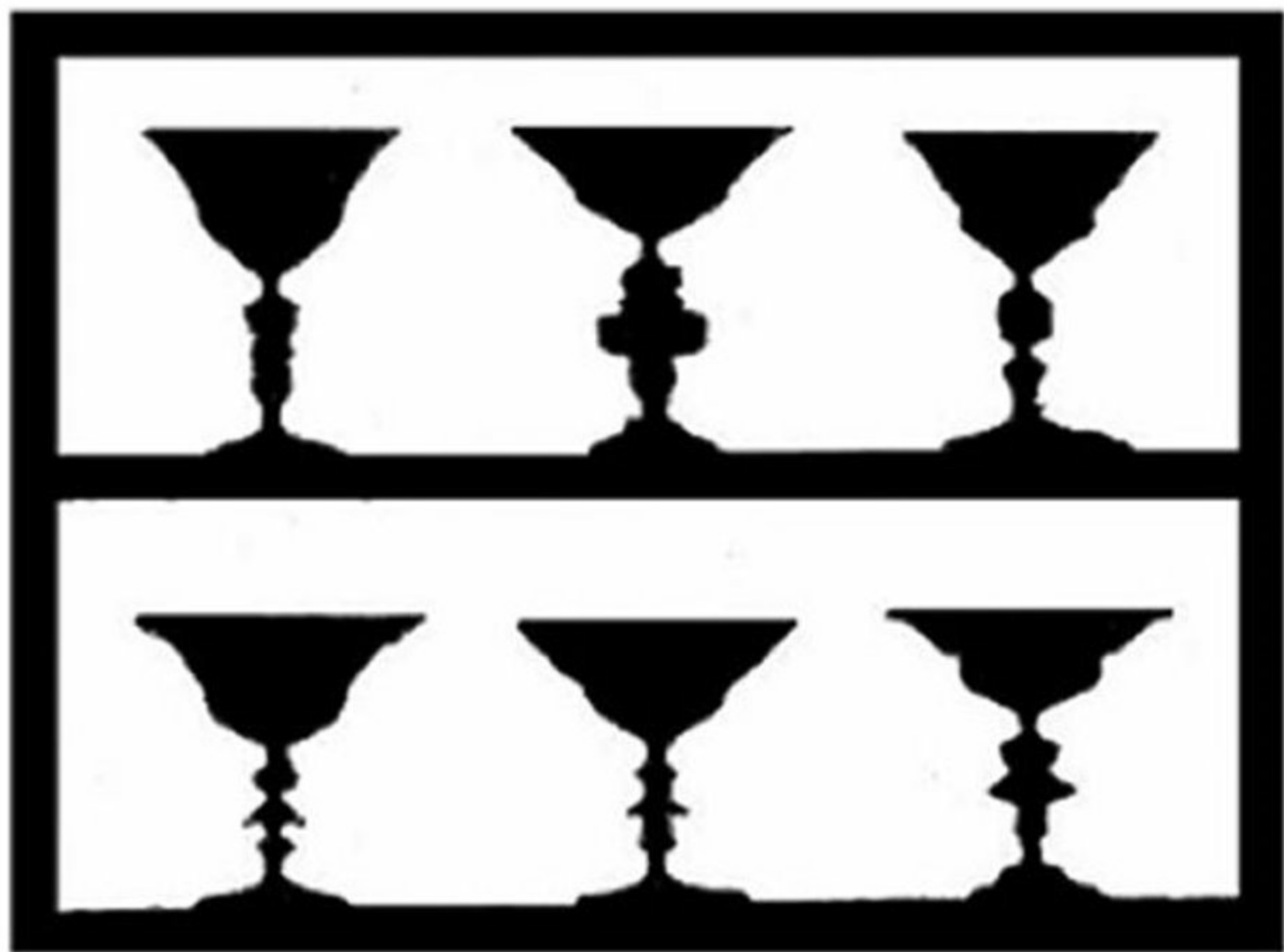
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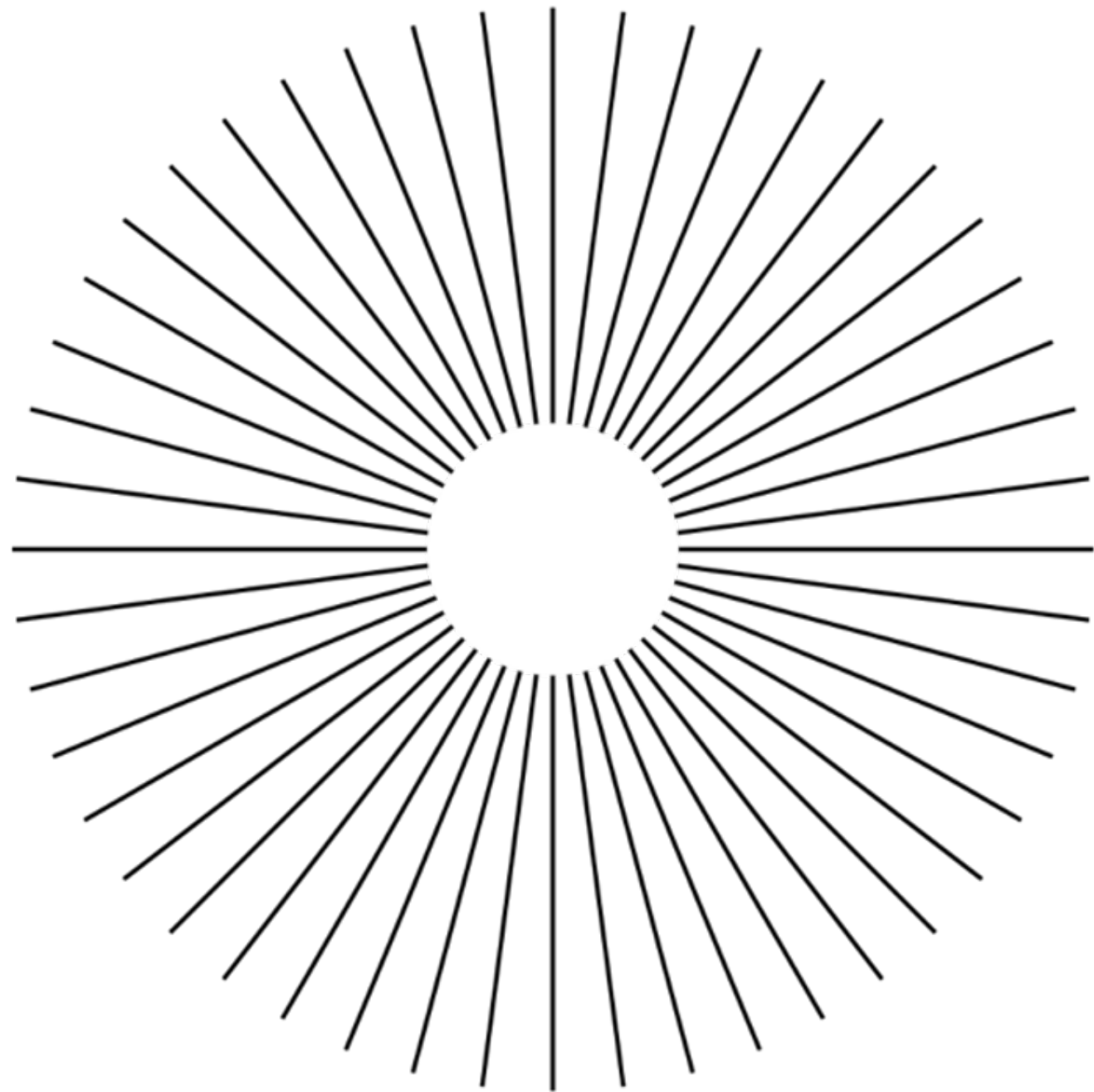




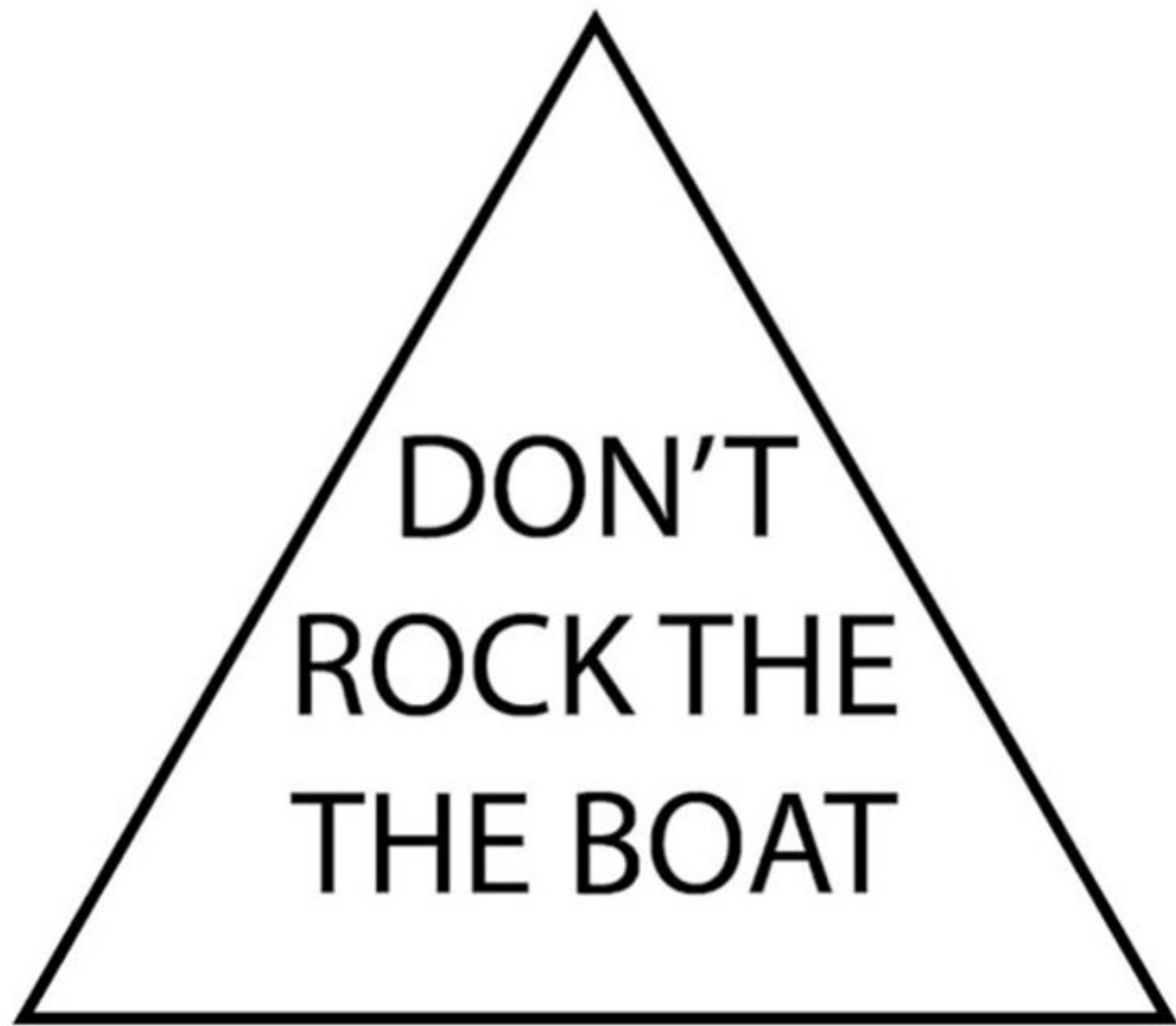


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