
Event Agenda

Coaching in Higher Education Consortium 2025 Annual Conference

Sunday, July 20, 2025

Conference Check-In

8:00 AM – 6:00 PM | Location: Performance Hall Lobby , Building P

Stop by and pick up your namebadge and conference materials.

Preconference: Growing, Together: The Power of Group Coaching

9:00 AM – 1:00 PM | Location: A206

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Jenny Steiner

Senior Leadership Development Coach | University of Chicago, Booth School of Business

Preconference: Back to the Core: Personal Philosophical Inquiry and Its Practical Implications for Coaching Practice

9:00 AM – 1:00 PM | Location: G404

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Calon-Nicole Gunter-Cox

Assistant Director of Price College Graduate Advising - Norman | University of Oklahoma

Preconference: Reimagining Stephen Covey's Circles of Influence for Promoting Civic Engagement and Dialogue Across Differences

9:00 AM – 11:00 AM | Location: L137

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Natalie Aguilar

Learning Specialist | Loyola Marymount University



Erika Crispin

Loyola Marymount University

Preconference: Creating Coaching Tools: Using What's Available to Creatively Build Meaningful & Effective Tools

9:00 AM – 11:00 AM | Location: P213

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Thomas Kay

Assistant Director, University Coaching & Student Achievement | Texas Tech University

Preconference: Coaching 101: Foundational Coaching Skills

1:00 PM – 5:00 PM | Location: P213

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Joshua P Sills

Director for University Coaching & Student Achievement | Texas Tech University



Torico Price

Lead University Life Coach | Texas Tech University

Preconference: I am STEM: Coaching for Identity, Confidence and Belonging

2:00 PM – 4:00 PM | Location: C244

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Maggie J Gilchrest

Director, LSAMP Scholars | Texas Tech University

Preconference: Suspending the Fixing Instinct: Recognizing When (and How) Helping Can Be Unhelpful and What to Do Instead

2:00 PM – 4:00 PM | Location: A206

Preregistration required.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Alana Davis-DeLaria

CHEC Vice President Of Operations

Welcome and Brittany Rehal Keynote

6:00 PM – 7:30 PM | Location: Performance Hall

Join CHEC and Dallas College leadership as we open the conference. Following the welcome, attendees will hear from Brittany Rehal, an educator, author, and researcher on Educator Flourishing.

Speakers



Brittany Rehal

Educator Flourishing



Dr. Kathleen Shea Smith

The University of Oklahoma



Dr. Jermain Pipkins

Assistant Vice Chancellor, Student Success | Dallas College

Opening Reception

7:30 PM – 9:00 PM | Location: H200

Close out Day 1 of the conference

Monday, July 21, 2025

Conference Concierge

7:00 AM – 4:00 PM | Location: Gallery, J Building

Stop by and pick up your namebadge and conference materials.

Low Key Lounge

8:00 AM – 5:00 PM | Location: L137

Need a moment of quiet? A space to reflect on your last session? Stop into the Low Key Lounge to recharge.

Breakfast & Connections

8:00 AM – 9:15 AM | Location: H200

Make your way to the North Lake campus for breakfast and an opening activity where attendees will be challenged to be creative in their approach to coaching students towards paths that combine passion with purpose

Concurrent Session Block 1

9:30 AM – 10:30 AM

[Please complete the Session Feedback form at the conclusion of the session.](#)

Advocating with Intentionality: How Academic Advocates use Committees to Enhance their Passion for Student Success

9:30 AM – 10:30 AM | Location: A-206

As we pour energy into supporting our students, how often do we check on our own well-being? In this presentation, Academic Advocates who use coaching methodologies in their work will share strategies their team uses to stay motivated and to cultivate wellness. They will explore the importance of a strong, supportive team culture and organized fun to maintain their passion for student success, highlighting the techniques created by two team committees "Sunshine" and "Thrive". By offering opportunities for discussion and reflection as well as practical tips and insights, the presenters aim to equip their audience with practical, actionable tools that foster motivation and well-being, both professionally and personally so that they can thrive in the world of higher education, creating a healthier, more balanced academic community.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Jama Riley

University of Central Florida



Ada Diaz

Academic Advocate | University of Central Florida

Beyond Gut Feelings: Leveraging Inter-Discipline Collaboration to Evaluate Academic Coaching

9:30 AM – 10:30 AM | Location: G-401

As academic coaching continues its trajectory to becoming a routine practice in a variety of institutions of higher education, the need for consistent and meaningful means of assessment grows. Utilizing a case study approach, this session will explore the creation of a metric-based framework to assess the effectiveness of an academic coach and the subsequent analysis of six cohorts across four semesters of data. Participants will gain practical insight into creating and/or enhancing their assessment practices, which ensures coaching programs can better clearly and objectively demonstrate their value. This session will also highlight how data-informed decision-making can guide program development, resource allocation, and coach training efforts.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Dr. Lindsay Tierney

VCU School of Dentistry | Dean of Students



Chris Schreiner, EdD

Director of Academic Data Analytics | Virginia Commonwealth University School of Nursing

Building Rapport with College Students

9:30 AM – 10:30 AM | Location: A-347

College students today face immense pressure to succeed academically while navigating the challenges of newfound independence. This often leads to overwhelming stress, decision fatigue, and negative self-talk. In such a high-pressure environment, authentic, supportive coaching is essential for fostering student well-being and success. This session will explore effective strategies for building genuine, meaningful rapport with students quickly, enabling coaches and mentors to create environments where students feel heard, understood, and empowered. Key techniques discussed include leveling the playing field to remove traditional power dynamics, using students' language and communication styles to build trust, being relatable to foster accessibility, and mirroring students' emotional states to deepen connections. Through interactive exercises and peer feedback, attendees will gain practical, actionable tools they can immediately apply to build authentic, supportive relationships with students, ultimately enhancing their academic and personal growth.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Kurtis Vanderpool

Senior University Life Coach | Texas Tech University



Jayc Waller

Texas Tech University

Fireside Chat with Brittany Rehal, Conference Keynote Speaker

9:30 AM – 10:30 AM | Location: C-244

Join CHEC keynote Brittany Rehal for an opportunity to ask questions and learn more.

Speaker



Brittany Rehal
Educator Flourishing

Live Coaching Learning Lab

9:30 AM – 10:30 AM | Location: G-404

Coach: Calon-Nicole Gunter-Cox, University of Oklahoma

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Concurrent Session Block 2

10:45 AM – 11:45 AM

[Please complete the Session Feedback form at the conclusion of the session.](#)

Empowering Success: Meeting the Needs of Undergraduate Students through Success Coaching at a High Enrollment Institution

10:45 AM – 11:45 AM | Location: A-206

In 2024, Texas A&M University received the distinction of being the largest university in the United States with over 79,000 students, including more than 61,000 undergraduates. This session will explore the different strategies and approaches our Success Coaches use to meet the needs of our diverse student population while maintaining the goal of working in a collaborative relationship to help each student achieve their individual success.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Julie Hurley
Texas A&M University

This Coaching Thing, It Worked: How a Peer Coaching Program Became Personal

10:45 AM – 11:45 AM | Location: G-401

"This coaching thing seemed to be what I needed" Hear the story of one student's journey to becoming a coach, presented in parallel with fundamental aspects of a thriving peer academic coaching program. Centering the voice of Riley, a psychology major and rising senior, this session highlights her experiences, reflections, and perspectives during her first year as a peer academic coach. Alongside Riley's narrative, presenters share a behind-the-scenes look at Slippery Rock University's Peer Academic Coaching program, and it's blend of peer-to-peer connection with evidence-based practices in learning science and coaching psychology. Through sharing student perspective and program design, attendees will gain insights into both the "why" and the "how" of peer academic coaching, leaving with inspiration and strategies to inform or enhance their own initiatives.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Riley Whitehill
Slippery Rock University



Emily McClaine
Slippery Rock University



Julie Ferringer
SRU

Flip the Script: Coaching Through a Strengths Lens

10:45 AM – 11:45 AM | Location: A-347

In this interactive training, participants will learn how to shift student self-perception by using intentional, strengths-based language. Participants will explore how to highlight students' existing abilities, efforts, and potential rather than focusing on deficits or challenges. Through genuine group discussions and team activities, participants will practice language that empowers and encourages. Participants will be equipped with practical tools to reframe challenges, celebrate progress, and help students see themselves as capable and resilient learners.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Amy Pearman
Training Specialist | Southern New Hampshire University

Listening to the Canaries: Coaching Neurodiverse Students with The Canary Code

10:45 AM – 11:45 AM | Location: C-244

Neurodiverse students often serve as early indicators or "canaries in the coal mine" of systemic challenges in higher education environments. Using The Canary Code by Ludmila Praslova as a guiding framework, this session explores how coaches in higher education can create more equitable, responsive, and empowering coaching experiences for neurodivergent students. This presentation will examine systemic barriers to student success and well-being, offering practical coaching strategies aligned with the principles of universal design, psychological safety, and individualized strength-based development. Participants will engage in scenario-based activities, reflect on institutional practices, and leave with a tailored "Canary Coaching Action Plan" to implement at their institutions. The session will help coaches move from accommodation-based approaches to inclusion-first mindsets, building more neuroinclusive coaching cultures across campuses.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Maggie J Gilchrest

Director, LSAMP Scholars | Texas Tech University



Amanda Currier

Southwest Oklahoma University



Emily Argyle

Director, Campuswide Advising Training and Development | University of Utah

Live Coaching Learning Lab

10:45 AM – 11:45 AM | Location: G-404

Coach: Jenny Steiner, University of Chicago Booth School of Business

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Lunch and CHEC Business Meeting

12:00 PM – 1:30 PM | Location: H200

Join us for lunch and an update on CHEC's path forward for the next year.

Concurrent Session Block 3

2:00 PM – 3:00 PM

[Please complete the Session Feedback form at the conclusion of the session.](#)

How Do I Develop a Coachable Mindset in My Students?

2:00 PM – 3:00 PM | Location: A-345

How do I create a space for my students to develop a mindset that becomes open to new possibilities, options, and a new mindset to transform thinking resulting in increased student and life success and achievement? Explore practices that create a welcoming, safe, and comfortable space for students to understand the goal of coaching, to then discover the appeal in thriving in the coaching space that is created to focus only on their self-awareness, self-discoveries, and their decision-making.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Theo Holt

Montgomery College



Kimberly Wiesner

Professional Certified Coach & Student Success Coordinator | Penn State



Pamela Jones

Kent State

The Power of Value: When Student Success Leaders Think Like an Enrollment Manager

2:00 PM – 3:00 PM | Location: A-206

As colleges face declining enrollment and/or tightening budgets, student-facing academic life coaches and academic progress functional leaders must demonstrate student and institutional impact in empirical and relatable. This presentation explores strategies for articulating the impact of academic coaching on student progress, retention, and institutional goals. Drawing on data-driven outcomes, storytelling, and alignment with strategic priorities, we will discuss communicating coaching's ROI to institutional audience through five means of fiscal impact: attracting students, retaining students, graduating students, fostering graduates into the workforce, and encouraging engaged alumni. The session will highlight how coaching units can position themselves as essential partners in student and institutional success during periods of demographic and financial pressure. Participants will leave with language, metrics, advocacy and entrepreneurial approaches for today's higher education climate.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



John Rindy

Assistant Vice President, Center for Career and Academic Progress | Slippery Rock University

From High School to Higher Ed: Cultivating a Coaching Mindset for College Readiness and a Confident College Transition

2:00 PM – 3:00 PM | Location: C-244

Proactive vs. Reactive... space for student growth and readiness. Students face a big transition when leaving high school. Numerous reasons impact them after graduation; from being away from home, differing schedules, challenging courses, new academic expectations to finding their fit and understanding their why. This session highlights a proactive approach to college readiness through unique collaborations between the SRU Success Coaching Program and local high schools. These prototypes have been built to help students feel prepared and thrive in higher education.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Julie Ferringer

SRU

The Rising Leader Forum: An Open Dialogue with CHEC Executive Board Members

2:00 PM – 3:00 PM | Location: A-347

Are you passionate about shaping the future of leadership and CHEC community impact? Join us for an open and inspiring dialogue with members of the CHEC Executive Board. This interactive session is designed for emerging leaders who are curious about Board service, eager to contribute their voice, and ready to explore opportunities for deeper engagement.

Participants will:

- Learn about the mission, vision, and strategic priorities of CHEC
- Hear firsthand from current CHEC Board members about their experiences and impact
- Explore the roles, responsibilities, and rewards of Board service
- Ask questions in a candid, supportive environment
- Discover how their unique skills and perspectives can help shape the future of CHEC

Whether you're actively considering Board service or simply want to learn more, this forum is your chance to connect, contribute, and take the next step in your leadership journey.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



CHEC Executive Board Members

Live Coaching Learning Lab

2:00 PM – 3:00 PM | Location: G-401

Coach: Cristela Carrizales, University of Oklahoma

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Concurrent Session Block 4

3:15 PM – 4:15 PM

[Please complete the Session Feedback form at the conclusion of the session.](#)

Meeting Gen Z Where They're at: Perspectives from Gen Z Coaches

3:15 PM – 4:15 PM | Location: A-345

Do you have difficulties connecting with your Gen Z students, understanding their priorities, and/or successfully challenging them to pursue meaningful growth? This panel presentation brings together a collection of Gen Z professionals who will provide their perspective and information on younger individuals within their generation, including the importance of coaching as a whole. Join us for a session focused on:

- The Importance of Coaching to Gen Z students
- Language Usage by Higher Education & its effects on Gen Z students
- How to challenge & support Gen Z students to use their skills & available tools/resources
- Gen Z's priorities & how they influence their actions
- Successes & Celebrations of working with Gen Z students

- Participants will also have time for self-reflection and an open Q&A with the panelists as time allows.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Thomas Kay

Assistant Director, University Coaching & Student Achievement | Texas Tech University



Calys Jimenez

Texas Tech University



Igbal Attaelmanan

La Salle University

Setting Boundaries and Reflecting on Self-Care

3:15 PM – 4:15 PM | Location: A-206

Setting boundaries and prioritizing self-care are essential skills for maintaining emotional well-being and professional effectiveness. This interactive session will explore practical strategies for identifying personal limits, communicating boundaries with confidence, and integrating self-care into daily life. Participants will engage in guided reflection exercises and discussions to assess their current self-care practices and develop actionable steps to create a more balanced, fulfilling lifestyle.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Melissa Murray

Slippery Rock University

The Art of Starting: Coaching Techniques for Task Initiation

3:15 PM – 4:15 PM | Location: A-347

Task initiation "the ability to start tasks without delay" is a common challenge for college students at all levels. Students in undergraduate, graduate, and professional programs, as well as neurodiverse students, can struggle with task initiation and experience negative consequences as a result, from late-night cram sessions to stalled degree progress. This session will address the multifaceted nature of task initiation challenges and equip participants with tools to support students effectively in 1:1 coaching sessions. Through case studies, small group discussions, and reflection on their own coaching contexts, participants will learn to identify factors that can contribute to task initiation challenges, recognize ways that task initiation might emerge in a coaching session, and employ relevant questions and strategies to help students take that next step towards achieving their academic goals.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Rachel Stumpf

Academic Coach | Stanford University



Savannah Pham

Academic Coach, Neurodiversity Focus | Stanford University



Rhean Sun

Academic Coach | Stanford University

CHEC Ethics and Values: Designing Impact Together

3:15 PM – 4:15 PM | Location: C-244

In an era when language and principles are increasingly politicized—and, in some places, restricted—our shared commitment to ethical practice has never been more essential. This session will explore how coaching professionals in higher education can remain rooted in values that honor belonging, respect, and equity while navigating shifting policies and expectations.

Together, we will:

- Reflect on the core values and ethics that guide our work.
- Examine real-world scenarios where inclusion and compliance intersect.
- Share practical strategies for supporting our students and colleagues in ways that are courageous, sustainable, and legally mindful.

Speaker



CHEC Ethics & Values Committee

Live Coaching Learning Lab

3:15 PM – 4:15 PM | Location: G-401

Coach: Melissa Knight, Lynn University

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Dinner On Your Own

5:00 PM – 7:00 PM | Location: Offsite Options

CHEC Networking

7:00 PM – 10:00 PM | Location: Bar Louie's

After dinner on your own,

Tuesday, July 22, 2025

Conference Concierge

7:00 AM – 12:30 PM | Location: Gallery

Have any questions? Stop by and chat.

Low Key Lounge

8:00 AM – 12:30 PM | Location: L137

Need a moment of quiet? A space to reflect on your last session? Stop into the Low Key Lounge to recharge.

Breakfast

8:00 AM – 9:15 AM | Location: H200

Concurrent Session Block 5

9:30 AM – 10:30 AM

[Please complete the Session Feedback form at the conclusion of the session.](#)

Life Cycle of a Full-Time Coaching Program

9:30 AM – 10:30 AM | Location: A-206

After a decade of developmental stages and growing pains, what does a full-time coaching office look like? Take journey with the Sooner Success Academic Life Coaching Office through the formative years of inception, implementation, development and into maturation of an established student mentorship and effective retention program.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Charles Baker

The University of Oklahoma



Sean Hardrick

Assistant Director of Sooner Success: Academic Life Coaching | The University of Oklahoma



Madison Lowry

Academic Life Coach | University of Oklahoma



Christina Troxtell

The University of Oklahoma



Kylie Madole

Senior Academic Life Coach | University of Oklahoma

Empowering Students to Be the Driver of Their Future: The Crucial Role We Play

9:30 AM – 10:30 AM | Location: A-345

This presentation explores the pivotal role coaches and mentors play in empowering students to take charge of their futures. In an era of rapid technological and societal change, fostering student agency is more critical than ever. We will examine strategies to cultivate self-directed learning, resilience, and decision-making skills, enabling students to navigate uncertainty and shape their own paths. Drawing on current educational research and real-world examples, the session highlights practical approaches "such as personalized mentorship, experiential learning, and goal-setting frameworks" that inspire students to become proactive drivers of their destinies. Attendees will leave with actionable insights to transform their classrooms into launchpads for student empowerment, ensuring the next generation thrives in an unpredictable world.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Stephen Willhauck

Success Coach | Ole Miss



Sandra Hubbard

Success Coach | University of Mississippi



Julie Paul

Ole Miss



Anna Lauren Heavener

Success Coach | University of Mississippi



Robert Dunnam

University of Mississippi

Utilizing Peers to Impact Students: Establishing, Enhancing, and Assessing the Impact of Peer Coaching on Student Outcomes

9:30 AM – 10:30 AM | Location: A-347

Effective coaching in higher education goes beyond goal setting; it requires fostering meaningful connections with students to enhance their personal and academic success. This session will explore evidence-based strategies for using peers (fellow students) to help students in establishing social connections, discovering and utilizing campus resources, creating academic success strategies, and enhancing campus engagements. This interactive workshop invites participants to explore research-backed practices in peer coaching, analyze their own institutional approaches, and identify areas for improvement. Using insights from the University of Central Florida's Peer Knights program and peer coaching from Higher Education Coaching Academy partner institutions, we will examine how structured peer training contributes to measurable student outcomes, including retention, engagement, and academic success. Participants will leave with customized action plans and adaptable strategies to strengthen their own peer programs.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Julie Kephart

Assistant Director | University of Central Florida



Johanny Santana

University of Central Florida

CHEC Training & Best Practices: From Ideas to Action

9:30 AM – 10:30 AM | Location: C-244

Join CHEC Leaders for an engaging discussion focused on transforming innovative ideas into impactful action through effective training and best practices. This session invites members to explore how CHEC can effectively translate ideas into actionable training opportunities.

Speaker



CHEC Leadership

Live Coaching Learning Lab

9:30 AM – 10:30 AM | Location: G-401

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Concurrent Session Block 6

10:45 AM – 11:45 AM

[Please complete the Session Feedback form at the conclusion of the session.](#)

What We Measure Matters: Academic Coaching Through the Lens of a Meta-Analysis

10:45 AM – 11:45 AM | Location: A-345

Engage in a conversation about how to assess and study the effects of academic coaching in higher education. This session features preliminary findings from a meta-analysis of over 30 studies examining the effect of academic coaching on students' academic achievement. In this session, participants will explore how coaching is currently being studied, what is measured, how it's measured, and what that means for demonstrating the impact of our work. Drawing from the meta-analysis, we discuss future directions for coaching research and assessment practices. The session will also highlight practical tools, sample research instruments, and evidence-informed strategies for evaluating and strengthening coaching programs.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



Emily McClaine
Slippery Rock University

The Impact of Success Coaching on Psychological Well-Being and Sense of Belonging in First-Year College Students

10:45 AM – 11:45 AM | Location: A-347

The purpose of this study was to determine the impact of participation in success coaching on the psychological well-being and sense of belonging for first-year college students. The study also investigated the impact of success coaching on first-generation students. Existing data were used from a four-year, mid-size, public institution to compare participation in success coaching to overall psychological well-being and sense of belonging scale scores on a first-year experience survey. This presentation will highlight results of the study and share implications for practitioners and future research related to first-year student success.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speaker



LaShay McQueen
Old Dominion University

Investing in Student Success: Proactive Outreach for Academic Coaching

10:45 AM – 11:45 AM | Location: A-206

Colleges and universities are navigating budget constraints while striving to connect with under-resourced students and provide the support necessary for their success. The post-COVID influx of new and transfer students has intensified challenges related to retention as student needs evolve. At Penn State World Campus, referrals from advising, disability services, and other student support units play a pivotal role in overcoming coaching resource limitations, enabling us to connect under-resourced students with essential support. By utilizing a readiness assessment along with additional internal reports, we have identified key factors that predict first-year outcomes. This information enables us to target outreach efforts towards students who may benefit from coaching support. In this session, we will share our data collection process, outline the risk factors we've identified, and demonstrate how we structure outreach efforts. Participants will also discuss next steps for expanding outreach initiatives to better serve all students.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Kimberly Wiesner
Professional Certified Coach & Student Success Coordinator | Penn State



Michelle Wiley
Penn State World Campus

First, I Must Feel Safe: Enhancing Coaching with Trauma-Informed Care and Psychologically Attuned Communication

10:45 AM – 11:45 AM | Location: C-244

In this highly interactive session, participants will enhance their ability to establish a safe container/environment for coaching for student success by using trauma-informed practices and psychologically attuned communication. Participants will explore the prevalence and impact of trauma in higher education, the principles of trauma-informed care, and techniques for psychologically attuned communication. Through didactics, discussion, a demo, a written communication case study, and partner practice, the session will demonstrate how trauma-informed practices and psychologically attuned communication principles can be integrated into coaching sessions to create and sustain safe and supportive environments for reflection, growth, and empowerment.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Speakers



Emily McCord
Indiana University/Coaching Conversations at IU



Rebecca Guest-Scott
Indiana University

Live Coaching Learning Lab

10:45 AM – 11:45 AM | Location: G-401

Coach: Alana Davis-DeLaria, University of Colorado Boulder

Join us for an engaging and interactive live demonstration of coaching. These sessions will showcase real-time coaching strategies used to foster self-awareness, motivation, goal-setting, and resilience. Participants will observe a live coaching session followed by a debrief exploring the tools and techniques used.

[Please complete the Session Feedback form at the conclusion of the session.](#)

Conference Closing

12:00 PM – 12:30 PM | Location: H200

Let's come back together one last time as we close out the 2025 CHEC Conference

[Please complete the End-of-Conference Survey and Committee Interest form.](#)

Safe travels back to your home campus!